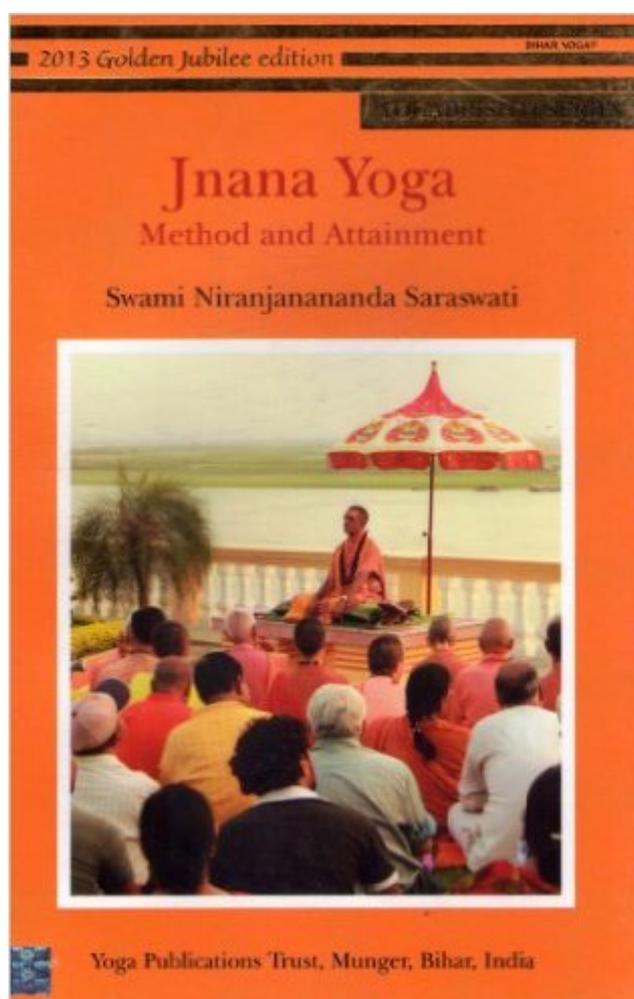


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Jnana Yoga/Method And Attainment



Synopsis

"The method of understanding the process of jnana yoga has to be understood properly. Is jnana only questioning? No. It is enlarging the scope of perception. It is not enquiry. It is like working with an adjustable torchlight. You can twist its head to bring the light to a narrow point or enlarge its perimeter. Providing a new perspective on the classical components of jnana yoga, Swamiji renders this complicated subject accessible. He outlines the step-by-step training necessary to attain the aims of jnana yoga and describes how the profound statements of the Vedas, the mahavakyas, unfold naturally in the process. The discourses shine with spiritual inspiration and practical guidance in the method of applying intelligence and developing true wisdom in life.

Book Information

Paperback: 80 pages

Publisher: Yoga Publications Trust/Munger/India (August 19, 2012)

Language: English

ISBN-10: 938162013X

ISBN-13: 978-9381620137

Product Dimensions: 8.4 x 5.5 x 0.4 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

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Excellent for those interested in Yoga (as a philosophy). Includes lots of color photos of Swamiji. To get a taste of the content I highly recommend viewing a few of his lectures on youtube.

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